

E. FLAM RUDIMENTS

1. Flam



2. Flam Tap



3. Flam Accent



4. Flamaque



5. Swiss Army Triplet



F. Drag Rudiments

1. Drag



2. Single Ratamaque



All rudiments should be practiced: *open* (slow) to *close* (fast) to *open* (slow) and/or at the following tempo:

8th Grade 0-70 bpm

9th Grade 0-100 bpm

10th Grade 0-120 bpm

11th Grade 0-130 bpm

12th Grade 0-130+ bpm